



---

# open air

## SMOOTHIE BOWLS

---

**PINK COLADA BOWL**- Dragonfruit (Pitaya), Banana, Coconut Water  
Toppings - House Granola, Coconut, Strawberries, Banana, Chia Seeds  
Small/ 8 Regular/ 13

**BOWL OF SUNSHINE**- Dragonfruit (Pitaya), Mango, Coconut Water  
Toppings - House Granola, Coconut, Almond Flakes  
Small/ 8.50 Regular/ 13.50

**MANGOLICIOUS BOWL**- Mango, Organic Coconut Flesh, Coconut Water  
Toppings - House Granola, Coconut, Almond Flakes  
Small/ 8.50 Regular/ 14

**SALTED CARAMEL SMOOTHIE BOWL**- Banana, medjool dates, salt, almond milk  
Toppings- House granola, coconut, organic cacao nibs  
Small/ 8 Regular 13.50

**ISLAND BOWL** Organic Coconut Flesh, Pineapple, Blue Spirulina, Banana, Coconut Water  
Toppings- House Granola, Coconut, Strawberries  
Small/ 9 Regular/ 14

**GONE NUTTY BOWL**- Organic Pure Acai, Banana, Raw Cacao, Peanut Butter, Almond Milk  
Toppings - House Granola, Coconut, Peanut Butter, Peanuts  
Small/ 9 Regular/ 14

**CHOC BANANA ACAI BOWL**- Organic Pure Acai, Banana, Raw Cacao, Almond Milk  
Toppings - House Granola, Coconut, Banana, Raw Chocolate Shard, Chia Seeds  
Small/ 8.50 Regular/ 13.50

### OPTIONAL EXTRA TOPPINGS

Peanut granules, fresh banana, cacao nibs, almond flakes, scoop of peanut butter,  
extra granola, extra coconut/ 0.50 each

Fresh strawberries, raw chocolate shard/ 1.50 each

Swap to Gluten free or Chocolate Granola/ 0.50 each

**please order and pay at the counter**  
please note- a 10% surcharge applies on public holidays